



February 2025

QMUL (DENTAL INSTITUTE) WORKING IN COLLABORATION WITH TOWER HAMLETS AND SIR WILLIAM BURROUGH SCHOOL

Dear Parent/Carer

Locally, some of our children have poor dental health. We recognise that this can affect children and they may have difficulties eating, speaking and sleeping. We would like to support the local community in improving children's dental and general health by supporting the SUGAR SMART Campaign in Tower Hamlets.

What does the SUGAR SMART Campaign involve?

The SUGAR SMART Campaign promotes healthy living and raises awareness on the impacts of sugars on health by working with local schools. All activities are in line with national guidance and PSHE within the curriculum.

- The Dental Institute at Queen Mary University of London is setting up collaborations with local primary schools.
- Dental students under supervision from a tutor will be giving health education messages to children in Key stages 1 and 2 (Years 1 to 6) and in some cases children in Reception
- Children will also take part in a classroom-based activity, which raises awareness on the amount of sugars in drinks and food.
- Children in years 3-6 will complete a short survey at the start of the sessions and again at the end of the end of session to assess the benefits of healthy education messages.

Dates for the school visit

We have timetabled the school visit for 19th March.

If you have any questions, please do not hesitate to contact me.
Thank you for your support.

Huda

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